

## **SELF-TEST QUESTIONS IN ORDER TO KNOW BETTER YOURSELF**

VERY IMPORTANT, PLEASE READ CAREFULLY BEFORE GOING TO QUESTIONS

The goal is to help you gradually think about your future and to make choices when the time comes. So you can only answer questions that speak to you, you seem interesting.

So you can leave questions aside and return to it later.

Similarly, if you want it and the time you'll be able to deepen a domain by clicking "Go away."

Your answers to the questions are never final and you can always go back to change or go further at another time by re-clicking the original link.

As this questionnaire is to feed your thinking, the answers are for you and not be shared with anyone.

In each chapter, you'll be able to write what you take away from your answers, what other issues it brings you to ask you.

These notes conclusions or questioning serve you to get information and talk with those who can help you in your choice, including your family or school environment.

This document is personal, it belongs to you and not be shared with anyone.

However, it can help you to prepare customized interviews or flake orientation your schooling.

### **MY DREAMS - MY IDEALS**

my dreams

- Assuming that nothing prevents me, what would be my dream life?

- What are the aspects that attract me in this dream life?

#### **My ideal life**

- Ideally, how and where I would later live daily? ... (Work, family, leisure, commitment ...)

- What are the first steps I made or intends to make to this ideal

#### **My models**

- In my reading (books, comics, etc.), movies, series, TV shows or cartoons I've seen, what (s) is (are) on (the) character (s) in which (whom) I know myself better? ...

What I like about him (in them)?

- My family environment, friendly, school etc. I do know people that I would like? ... What I would like to be like him?

## My reference marks

**Check the 3 most important items that would allow you to say that I managed my life:**

- Have a prestigious position
- Being free from want
- Being independent, not needing anyone
- Do not be afraid to take risks
- good master a particular area, become an expert
- Get a financial success
- Pass family balance primarily
- Have a great intellectual breadth
- Succeeding my professional life before everything
- Making my passions (artistic, sports ....)
- Being useful to others
- Having explored many areas
- To be recognized by my immediate environment
- Go to the end of my commitments (humanitarian, religious, political ...)
- Go to the end of my passions (artistic, sports, travel)
- Get the material well-being (car, home, holidays ...)
- Living in harmony with nature
- Feeling safe
- Benefit from the admiration of others
- Being the first in its field

**Tick the 3 most important qualities you think**

- Be open to differences
- Be sensitive to justice
- Be alert to equality
- Being attentive to the weakest
- Being ambitious
- To be available to others
- Demonstrate resourcefulness
- Have a sense of initiative
- Be creative
- Pay attention to my comfort and the one of his family
- able for teamwork
- Seizing his chance
- Seizing his chance
- know how to earn money
- Being intuitive
- Be Smart
- Demonstrate sensitivity towards others, nature, arts ...
- able to get from other what I want
- able to give to get

Rereading the boxes I checked, is what I see commonalities / oppositions between my life successful choice and important attributes expressed in the previous two questions? if so, which ones?

## **My achievements**

I describe an action or number of actions that I have successfully (s) in the school or personal domain, indicating for each, what qualities / advantages I mobilized?

What other academic and personal situations, strengths / qualities mentioned above can they help me?

## **My interests, my tastes, my preferences**

Are there has fields of the topics covered at school that fascinate me or really interest me?

If so, which

Outside of college (high school), what I like to do?

What's in it for me more in my daily life?

## **My points of support and difficulties in school situation**

- What are the disciplines and school activities in which I do best now?

How to explain it?

- What are the disciplines and school activities in which I am less comfortable now?

How to explain it?

What are the disciplines and school activities that I like the most?

- What are the disciplines and school activities that I like the least?

### **My learning ways**

- For me, the environment for learning (at home, in study, being alone, in a group with a friend, an adult ...) is: .....

### **Choosing between these two proposals**

- I feel comfortable in the direct theoretical reasoning
- I prefer the basis of concrete, experimental situations to go to the theory

### **To memorize , what do I need?**

(multiple answers possible)

- to understand
- to practice
- to recite,
- note
- to hear
- simply read

### **My motivations for school**

#### **AMONG THE REASONS WHY I GO TO SCHOOL IS MY FIRST MOTIVATION:**

link this motivation to proposals below:

- personal enrichment (have knowledge, make discoveries, better understand the world ...)
- preparation of my future job
- relational domain (classmates, friends, adults)

#### **AMONG THE REASONS WHY I GO TO SCHOOL IS MY SECOND MOTIVATION:**

link this motivation to proposals below:

- personal enrichment (have knowledge, make discoveries, better understand the world ...)
- preparation of my future job
- relational domain (classmates, friends, adults)

**AMONG THE REASONS WHY I GO TO SCHOOL IS MY THIRD MOTIVATION:**

link this motivation to proposals below:

- () personal enrichment (have knowledge, make discoveries, better understand the world ...)
- () preparation of my future job
- () relational domain (classmates, friends, adults)

**MY PROFILE-ME THAT MATCH THE BEST**

In terms of my personality - my character

How would you describe your personality / your character?

What are your main qualities associated with your character, in your opinion?

What are your main defects related to your character, in your opinion?

WHAT do THINK of THAT  
your friends?

your parents?

other adults?

**At the relational field**

**IN YOUR WAY TO ENTER IN RELATIONSHIPS WITH OTHERS**

You think your major relational qualities are:

According to you, your main defects in relational terms are:

WHAT do THINK of THAT

your friends?

your parents?

other adults?

## **At the field of professional activities**

### **The type of occupation**

These types of activities mobilized in a professional situation, says those your preference, using a scale of values

0 means not at all and 3 completely

The activities focused on the action

Select a value between 0 and 3. (0) (1) (2) (3)

Activities requiring much thought

Select a value between 0 and 3. (0) (1) (2) (3)

Activities leading to concrete achievements

Select a value between 0 and 3. (0) (1) (2) (3)

The activities focused on contact with others is very important

Select a value between 0 and 3. (0) (1) (2) (3)

The activities oriented assistance and / or care for people

Select a value between 0 and 3. (0) (1) (2) (3)

Oriented activities to impart knowledge

Select a value between 0 and 3. (0) (1) (2) (3)

The organizational activities - Administration

Select a value between 0 and 3. (0) (1) (2) (3)

The activities of management and executive

Select a value between 0 and 3. (0) (1) (2) (3)

### **The place of the professional activity -its surrounding.**

#### **Coche your preference**

- Inside
- outside

#### **Coche your preference**

- City
- Country

#### **Coche your preference**

- Great Company
- Company Average
- Small Business
- Individual Enterprise (Merchant, Craftsman, Liberal)

### **The terms of professional activity**

#### **Coche your preference**

- Teamwork
- Working solo

#### **Coche your preference**

- Activity asking mobility
- Sedentary Activity

#### **Coche your preference**

- activity varied, with many changes
- regular activity, not too unexpected

#### **Coche your preference**

- Self-employment (to your account)
- Paid employment

### **CONVERGENCE - DIFFERENCES WITH MY SURROUNDINGS**

**For all my preferences expressed above, there is there any differences with what think My family?**

Comment  
My friends?

Comment

Other adults (School, club, ...)

### **IF I HAD TO CHOOSE**

**This is a fictif exercise extreme situations that nobody really meets  
Coche what your choice you had to choose extremly**

- An interesting but poorly paid profession
- A well paid job but uninteresting

**Coche what your choice you had to choose extremly**

- A job in service to others but not paid
- A well paid job even if it does not take into account other

**Coche what your choice you had to choose extremly**

- () A job where decisions but with a high risk of failure
- () A job where you are not the decision maker but is likely to be defeated

**Coche what your choice you had to choose extremly**

- () A job where you spend years studying basic but with uncertain results if you get there.
- () A job where one is permanent action with small but immediate results